



ARMY PUBLIC SCHOOL, BIRPUR DEHRADUN
SUMMER HOLIDAY HOMEWORK
SESSION 2021- 2022
CLASS- III

INSTRUCTIONS:

1. The activities have to be done with the resources available at home.
2. Attempt only one part of question 1 in EVS.
3. Revise all the work done in book and notebook for PT1.

SUBJECTS	HOMEWORK
ENGLISH	<p>1. Students will sing a song in their own style using the lyrics given below. You can sing as per your own style (you can dance , rap or sing it with great passion the way you like and add background music if you want while singing the song).</p> <p>a) Wash, wash, wash your hands before and after every meal.</p> <p>b) Exercise daily.</p> <p>c) Drink , drink , drink a lot of water everyday.</p> <p>d) Chew, chew , chew your food properly.</p> <p>e) Eat fresh and clean food.</p> <p>f) Eat lots and lots of vegetables and fruits.</p> <p>Now students will record their video which should be not more than 2 minutes and send it to the subject teacher .</p> <p>This is the link to an example of how you can sing the song : https://youtu.be/oM7Sadxj4yo</p> <p>2. It is mandatory that during the holidays you will read (English) for 15 minutes or do one page reading (from story book, newspaper, textbook etc.)</p>
हिंदी	दो दोस्त पाठ पढ़कर आपको कछुए और खरगोश में से जो भी किरदार अच्छा लगा

हो उसका मुखौटा बनाइए , तथा उस मुखौटे को पहनकर एक वीडियो बनाइए जिसमें कछ्हए और खरगोश क्या खाते हैं यह बताइये और उसके फायदे बताइये , वीडियो की अवधि 2 मिनट की होनी चाहिए।

MATHS

1. In A4 sheet draw or paste pictures of 10 food items consumed in your house (like rice, wheat, oil , sugar etc.) Now you have to maintain a record of all the items for 1 month and mention the price and quantity of the food items used at your home (in kilogram, gram, litre ,millilitre). At last find the sum of these quantities and their prices.
2. Learn tablesupto 12.

E.V.S

1. Good nutrition, daily exercise and proper sleep leads to healthy living. A healthy lifestyle keeps you fit, energetic and at reduced risk for disease. It is important to eat healthy food, such food protect us from disease and make us strong and healthy. So the given is based on Healthy eating. Do this activity under the guidance of your parents.

Activity

- Make a salad of fruits and vegetables.

Procedure**Step – 1**

Wash vegetables and fruits for salad

Step – 2

Take help from your parents for cutting them in different shapes.

Step – 3

Take a bowl and add fruits , vegetables ,nuts etc.

Step – 4

Add a squash of lime and salt.

Your salad is ready!

- Click one picture while preparing salad and one picture when your salad is ready.

OR

“Fathers are the real superhero of our life.”

Let's enjoy this Father's Day (20 June 2021) with him by doing a fun activity.

Activity

- Make one fruit shake with your father and enjoy drinking itwith your father and have fun!

- Click one picture with your father while preparing the fruit shake and one picture while drinking it with him.

2. *"It is health that is real wealth and not pieces of gold and silver."*

-Mahatma Gandhi

To live a happy life we need to be healthy. Regular exercise keeps us fit and healthy. During this Covid-19 pandemic, it is important to take care of your health. On 21 June of every year we celebrate International Yoga day all over the world. So on this day perform the given activity and stay fit.

Activity

Perform few breathing exercises to strengthen your lungs and yogasanas to boost your immunity.

Note: Make a collage of these two activities (Fruit Shake/ Fruit and Vegetable Salad &Yogasanas) by downloading the collage maker app and adding two pictures from each activity. Share the collage(soft copy)to your subject teacher. Do not take out the printout of the collage.

For Example :

Fun activity with Dad



Breathing Exercises



NOTE : Write articles, riddles, fun facts, drawing, stories etc. for " School Magazine" . Everything should be original.

THANK YOU!

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*Take Care
OF YOUR
Body
IT'S THE
ONLY PLACE
YOU HAVE
TO LIVE.*

JIM ROHN



HAPPY HOLIDAYS



STAY HOME
STAY SAFE